

# ApportAL<sup>®</sup>

Food supplement of Vitamins, Minerals and Amino Acids,  
with sweeteners

14 sachets - Net weight 77g 



**INGREDIENTS:** Maltodextrin, L-arginine, acidifying agent: citric acid; L-carnitine tartrate, Ultramag<sup>®</sup> - Sucrosomial<sup>®</sup> Magnesium (magnesium oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), flavours, Sideral<sup>®</sup> r.m. – Sucrosomial<sup>®</sup> Iron (iron pyrophosphate, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), Vitamin E (DL-alpha-tocopheryl acetate), Ginseng (Panax ginseng C.A Meyer) root dry extract, Coenzyme Q10, anticaking agent: tricalcium phosphate; Eleutherococcus (Eleutherococcus senticosus (Rupr. Et Maxim) Maxim) root dry extract, Vitamin C (L-ascorbic acid), lycopene, anticaking agent: silicon dioxide; Taurine, Vitamin PP (nicotinamide), sweetener: sucralose, Vitamin D3 (cholecalciferol), Vitamin E (tocotrienol tocopherol), UltraSel<sup>®</sup> - Sucrosomial<sup>®</sup> Selenium (pregelatinized rice starch, sucrose esters of fatty acids, sodium selenite, sunflower lecithin, tricalcium phosphate, rice flour), Ultraiod<sup>®</sup> - Sucrosomial<sup>®</sup> Iodine (pregelatinized rice starch, sucrose esters of fatty acids, sodium iodate, sunflower lecithin, tricalcium phosphate, rice flour), colouring agent: beta-carotene, Ultrazin<sup>®</sup> - Sucrosomial<sup>®</sup> Zinc (zinc oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), Vitamin B1 (thiamine hydrochloride), Vitamin H (D-biotin). Gluten Free.

**STORAGE:** Store the product at room temperature (do not exceed 25°C) in dry and cool place, away from light. Avoid exposure to localized heat sources, direct sunlight and contact with water. The expiry date refers to the product unopened and properly stored.

**WARNINGS:** Food supplements must not be considered a substitute for a varied, balanced diet and a healthy lifestyle. Keep out of the reach of children under 3 years of age. Do not exceed the recommended daily dose.

**IRON:** contributes to normal cognitive function, normal energy metabolism, normal red blood cell and haemoglobin formation, normal immune system function, reduction of tiredness and fatigue.

**VITAMINS B1, PP:** contribute to normal psychological function, normal energy metabolism and normal functioning of the nervous system.

**VITAMIN PP:** contributes to the reduction of tiredness and fatigue.

**VITAMIN C:** increases the absorption of iron; contributes to the normal function of the immune system, the normal functioning of the nervous system, the reduction of tiredness and fatigue, the protection of cells from oxidative stress. of the immune system, the normal functioning of the nervous system, the reduction of tiredness and fatigue, the protection of cells from oxidative stress.

**BIOTIN:** contributes to normal energy metabolism, normal psychological function, normal functioning of the nervous system.

**VITAMIN E:** contributes to the protection of cells from oxidative stress.

**VITAMIN D:** contributes to maintaining the normal function of the immune system.

**MAGNESIUM:** contributes to the reduction of tiredness and fatigue, electrolytic balance, normal energy metabolism, normal functioning of the nervous system, normal muscle function, normal protein synthesis, normal psychological function, maintenance of normal bones, maintenance of normal eeth.

**DIRECTIONS:** Advised dosage is 1 sachet per day to be dissolved in a glass of water (150ml), at room temperature.

**SHELF LIFE:** 36 months

MEAN CONTENTS	Per daily dose (1 sachet)	% NRVs
Vitamin C	37,5 mg	47%
Vitamin E	30 mg	250%
Vitamin PP	18 mg	113%
Vitamin B1	1 mg	91%
Vitamin D	25 mcg	500%
Vitamin H	25 mcg	50%
L-arginine	1000 mg	
L-carnitine	500 mg	
Taurine	25 mg	
Ginseng e.s.	100 mg	
Eleuterococcus e.s.	50 mg	
Magnesium	187,5 mg	50%
Iron	14 mg	100%
Zinc	1,5 mg	15%
Iodine	75 mcg	50%
Selenium	27,5 mcg	50%
Coenzyme Q10	100 mg	
Lycopene	3,06 mg	

*%NRV=Percentage of Nutrient Reference Values pursuant to Regulation 1169/2011*

*\*The intake of Vitamin E from DL-alpha-tocopheryl acetate is equal to 30 mg per dose. The contribution of Vitamin E from the tocotrienol tocopherol mixture is equal to 2,68 mg therefore, this contribution can be considered negligible in the nutritional declaration. The Distributor, responsible for the product in the territory, can decide whether to make it explicit or not.*

## FOOD SUPPLEMENT

*Sucrosomial<sup>®</sup> Iron is a registered trademark.*

*Sucrosome<sup>®</sup> is a registered trademark.*

*Sideral<sup>®</sup>, UltraMag<sup>®</sup>, Ultraiod<sup>®</sup>, UltraZin<sup>®</sup> e UltraSel<sup>®</sup> are registered trademarks.*

*Sideral<sup>®</sup> r.m. is a patented ingredient based on Sucrosomial<sup>®</sup> Iron.*

*UltraMag<sup>®</sup> is a patented ingredient based on Sucrosomial<sup>®</sup> Magnesium.*

*Ultraiod<sup>®</sup> is a patented ingredient based on Sucrosomial<sup>®</sup> Iodine.*

*UltraSel<sup>®</sup> is a patented ingredient based on Sucrosomial<sup>®</sup> Selenium.*

*UltraZin<sup>®</sup> is a patented ingredient based on Sucrosomial<sup>®</sup> Zinc.*

 PHARMANUTRA

Produced and packaged in the production facility based in:  
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CONTAINS:

 SiderAL<sup>™</sup> r.m.

 UltraMag<sup>™</sup> r.m.

